

SOUTHERN ITALY - WINE & CULTURAL EXPERIENCE

Rome, Naples, Sorrento, Pompeii, Amalfi Coast, Paestum & More!

DAY 1: ARRIVAL IN ROME & WELCOME WINE TASTING

- Arrival in Rome – Private transfer from the airport to your hotel
- Check-in and free time for lunch and relaxation
- 17:00 – Meet your host in the hotel lobby for an overview of the week's program
- Depart for a Welcome Wine Tasting at a renowned local bar, where a sommelier will introduce you to the art of wine and food pairing
- Enjoy a light dinner featuring traditional Italian meats and cheeses
- Free time for the evening (your guide will offer recommendations)
- Overnight in Rome

DAY 2: CASTELLI ROMANI – OLIVE OIL & ITALIAN BREAD MAKING

- Breakfast at the hotel
- 09:00 – Private guide pickup for a visit to the Castelli Romani region, known for its breathtaking views and exceptional wines
- Wine tasting in Frascati, followed by a delicious lunch at a traditional Roman osteria, where you'll sample authentic regional dishes
- Return to Rome for a free evening
- Overnight in Rome



DAY 3: FRASCATI WINE TASTING & MINI WINE COURSE – ROME SIGHTSEEING

- Breakfast at the hotel
- 09:00 – Depart for the Frascati region and visit the Cantina Santa Benedetta winery in Monteporzio Catone
- Tour wine cellars and enjoy tastings of Spumante, Frascati Superiore D.O.C., and a local red D.O.C.
- Savor a regional lunch before returning to Rome
- After a brief rest, embark on a guided tour of Rome, visiting: The Colosseum, Roman Forum, Palatine Hill, Triumphal Arches, House of the Vestals, Cryptoporticus of Nero & more
- Free time for dinner
- Overnight in Rome

DAY 4: NAPLES & VESUVIO REGION WINE TASTING

- Breakfast at the hotel
- 08:30 – Transfer to Campania, arriving in Naples at 11:30
- Visit Cantina del Vesuvio winery in Trecase, located within Vesuvio National Park
- Winery tour, learning about the wine production process
- Wine tasting featuring four wines, including Lacryma Christi del Vesuvio, paired with local cheeses, meats, pasta, and Neapolitan desserts
- 15:00 – Guided walking tour of historic Naples, visiting: Piazza del Plebiscito, Teatro San Carlo, Galleria Umberto, Via Caracciolo, Riviera di Chiaia & Posillipo
- 17:30 – Check-in at your hotel near the historic center
- 20:00 – Dinner at a local wine bar
- Overnight in Naples

DAY 5: PAESTUM & SORRENTO

- Breakfast at the hotel
- Depart for Paestum, passing through Pompeii and Salerno
- Visit a Mozzarella di Bufala farm, observe the production process, and enjoy a tasting
- 12:00 – Tour the archaeological site of Paestum, a UNESCO World Heritage Site, known for its remarkably preserved Ancient Greek Temples
- 13:30 – Free time for lunch
- 16:00 – Head to Sorrento, the legendary town of the Sirens
- Check-in at the hotel
- Free time in the late afternoon for shopping and dinner
- Overnight in Sorrento



DAY 6: POMPEII & SORRENTO COOKING CLASS

- Breakfast at the hotel
- 09:00 – Transfer to Pompeii
- 10:00 – Guided two-hour tour of Pompeii, exploring: Ancient Roman homes, Bathhouses, Restaurants and bars, Amphitheater, Ancient port
- Learn about the local wines and culinary traditions of Pompeii
- 12:00 – Free time for lunch
- Return to Sorrento for a free afternoon
- 17:00 – Participate in a cooking class at "Mami Camilla", where you'll prepare a full Italian meal
- Enjoy dinner featuring the dishes you created
- Overnight in Sorrento

DAY 7: AMALFI COAST & TRAMONTI WINE TASTING

- Breakfast at the hotel
- 08:30 – Depart for a full-day tour of the Amalfi Coast
- 10:00 – Arrive in Amalfi for a brief visit and sightseeing
- 12:00 – Visit Cantina Apicella in Tramonti for a wine tasting paired with a regional lunch, featuring wines such as: Tramonti Costa Amalfi DOC, Red, white, and rosé varieties, Piediroso, La Riserva, A' Scippata, Grappa di Tramonti
- 15:00 – Stop in Ravello to admire its stunning coastal views
- Final stop in Vietri sul Mare, famous for its handcrafted ceramics
- Overnight in Sorrento

DAY 8: SORRENTO – FREE DAY & FAREWELL DINNER

- Breakfast at the hotel
- Enjoy a free day to explore Sorrento at your leisure
- Optional 10:00 guided walking tour (2 hours) of Sorrento
- Free time for lunch and relaxation
- 20:00 – Farewell dinner at a local restaurant
- Overnight in Sorrento

DAY 9: DEPARTURE

- Breakfast at the hotel
- Transfer to the airport for your return flight
- End of services

